

Active Stories

The Mission To Wobblor



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Primary Steps in PE

Writing opportunities

- **Setting description**
- **Character description**
- **An alien meal**
- **Instructions**
(flying a spaceship)
- **Story writing**

Links to other subject areas

- **Planets**
- **Spaceship design**
(D&T)
- **Painting & planet**
(art)
- **Healthy meal**
(PSHCE)
- **Making friends/
new relationships**
(PSHCE)
- **Measurement
making rockets**
(maths)

Active games

Synonym hunt

Place a selection of synonyms around the hall. Underneath each synonym is a multiple of a number. For example, all synonyms for big have a multiple of 3 underneath. Each pair has 2 minutes to move around and record all words. Children then group words together based on the multiples to create a bank of synonyms for simple words. Pair then have to make the best sentence they can using 1 or more of the synonyms.

Adjective catch

Show an image- children pass a ball around a circle. Everytime they receive the ball they must think of an adjective to describe the picture. Any repetition or hesitation (5 seconds) child does a movement (E.g. 5 star jumps). If a child drops the ball must pass the ball on and do a movement.

Imagination run & chat

How this works

- **Black text = story**
(read outloud)
- **Blue text = action**

1.

Good morning cadets, you'll never guess what, we have a new mission, but that's not the lot.

STAND SMARTLY AND SALUTE

If we succeed we'll be known far and wide, but the mission is dangerous we might not survive!

2.

I'm Commander Flash the best pilot around, I prefer flying than being on ground.

And here is my ship the famous Space Ranger, by far my best ship, you're in no danger!

3.

We have been picked to go to the Planet Wobbler, it makes going to Neptune look like nipping next door.

We have been chosen to go, to look and to see, if there's any aliens and if they're friendly.

4.

Now before we blast off, put on your suits, your extra strong helmet and your boots.

MIME PUTTING HELMET AND SUIT ON

One last quick thing, that we need to check, and that's all the equipment that might save our neck!

5.

Can you see out your window? **SMALL CIRCULAR MOTION WITH ARMS OUTSTRETCHED**, Check your brakes don't squeak. **EXTEND LEGS AND POINT TOES** Check your seatbelts don't snap, **BEND ARMS TO TOUCH SHOULDERS AND SLOWLY LOWER ARMS TO STRETCH OUT IN FRONT** and check your water for leaks, **STRETCH OUT AND TWIST BOTTLE TOP**

6.

OK here's the countdown 7...6...5...4...3...2...1. **SHAKE BODY AND JUDDER** Hold on to your breath, because soon we'll be...gone! **BLAST OFF! JUMP UP IN AIR...** 6...5...4...3...2...1. **SHAKE BODY AND JUDDER** Hold on to your breath, because soon we'll be...gone! **BLAST OFF! JUMP UP IN AIR.**

7.

Look out your window what can you see? Oh no, look there, a Martian having a weel!

Enough of this sightseeing, no time to stare! Lets go into warp speed or we'll never get there!

MOVE ARM FORWARD TENSE WHOLE BODY (LIKE BEING THROWN BACK IN A CHAIR)

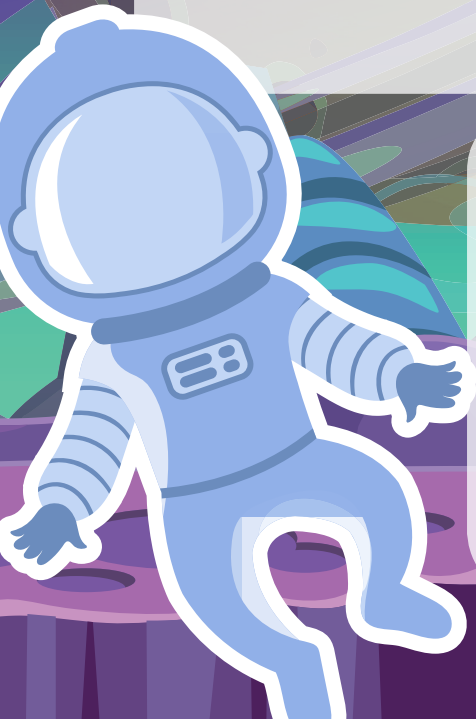
8.

ARRRRGHHH!! BRAAAAAAAAAAAAAAAAKE!

STRETCH OUT AND POINT TOES

We're going to land now watch out for the rocks, this rusty old ship can't take all these knocks.

SHAKE AND BOUNCE THEN STOP SUDDENLY



9.

OK so we're here, the Planet Wobblor,
I've got no idea what's behind this space door...

Phew it's quite safe, come follow me.
Hold on to this rope though, there's no gravity!

**OPEN DOOR AND TAKE LARGE
BOUNCY STEPS**

12.

Wow, I'm exhausted, we're almost there,
SHH! I think see some aliens on a chairs.

"Hello Mr Alien, how do you do?"
"Please can we sit and have a chat with you?"

SIT DOWN WITH LEGS CROSSED

15.

**BIG STEPS HOLDING THE ROPE BACK TO
THE SHIP**

Phew! Back on the ship rush through
those checks,
I don't want to know what will happen next...

10.

STOP! Be careful, we may need a shield,
it looks like we've stumbled on an asteroid field.

**SHIFT WEIGHT FROM LEFT TO RIGHT,
THEN DUCK, THEN FORWARD**

Let's quick hurry through it.. full steam ahead,
that rock on that hill looks like an alien bed!

13.

"BLAAAARTH!!
Oh look some hoomins, a tasty treat,
now don't you lot look perfect to eat!"

Quick cadets, don't delay,
I'm not an alien take-away!!

QUICK STAND AND TURN TO RUN

16.

Can you see out your window? **SMALL
CIRCULAR MOTION WITH ARMS
OUTSTRETCHED**, Check your brakes don't
squeak. **EXTEND LEGS AND POINT TOES**
Check your seatbelts don't snap, **BEND ARMS
TO TOUCH SHOULDERS AND SLOWLY
LOWER ARMS TO STRETCH OUT IN
FRONT** and check your water for leaks,
STRETCH OUT AND TWIST BOTTLE TOP

11.

This hill's really steep, too hard to climb,
Let's go super fast, we've not got much time!

The sun's going down, we must be quick,
did you all bring your space mountain picks?

**CLIMB USING IMAGINARY ICE PICKS
AND LEGS**

14.

Quick down the mountain, no time to waste,
CLIMB DOWN USING IMAGINARY PICK
Did you see the look on the Aliens face!

Through the asteroid field, back to the ship,
or you'll end up as Alien chips!
**DODGING LEFT AND RIGHT THEN
DUCKING WHILST MOVING**

17.

7...6...5...4...3...2...1.
Let's keep flying till we know it's gone!
**SHAKING AND JUDDERING
BLAST OFF! JUMP IN THE AIR**

My goodness that was close it's clear to see,
that Aliens on Wobblor are not friendly.

At least we're safe and going home again,
far away from those awful aliens!